



## Rockford Track and Field 2016 Schedule

From: Chad Robran, Head Track Coach

Date: 11/23/15

### Rockford Home Meets:

March 14 <sup>th</sup>	Practice Starts
April 7 <sup>th</sup>	Rockford Time Trial (Indoor or Outdoor)
April 14 <sup>th</sup>	Rockford Invite
April 26 <sup>th</sup>	Conference Tri-meet at Rockford
April 28 <sup>th</sup>	Delano Invite Hosted at Rockford for Delano
April 29 <sup>th</sup>	Middle School Conference Quad/Hamline Elite Meet
May 9 <sup>th</sup>	Conference JV Meet
May 24 <sup>th</sup>	Sub Sectionals
May 26 <sup>th</sup>	Rockford Last Chance Meet
June 3 <sup>rd</sup>	Track Banquet and Keynote speaker

### Rockford Away Track Meets:

March 23 <sup>th</sup>	St. Thomas Indoor Meet
April 19 <sup>th</sup>	Watertown-Mayer Conference Quad
April 21 <sup>st</sup>	Hutchinson Invite
April 29 <sup>th</sup>	Hamline Elite Meet
May 3 <sup>rd</sup>	Hutchinson Conference Quad
May 6 <sup>th</sup>	Middle School Conference Quad Watertown
May 10 <sup>th</sup>	True Team Orono
May 17 <sup>th</sup>	Conference Litchfield
May 19 <sup>th</sup>	Middle School Conference Mound Westonka
June 1 <sup>st</sup>	Sectionals at St. John's
June 10-11 <sup>th</sup>	State Meet